



Community Justice Center

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RESIDENT HANDBOOK

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Welcome To STAR

Your participation in the STAR Community Justice Center's cognitively-structured, community-based program may last up to 180 days. Success as a pro-social citizen requires your life-long commitment to learn, practice, internalize and apply the tools that you will receive through Structure, Therapy, Advocacy, & Restoration (STAR).

Your time at STAR will allow you to challenge old thinking and behavior patterns, incorporate new thinking patterns, and to learn and practice new behaviors if YOU choose to do so. STAR's pro-social tools and skills will help you change your life and avoid being further involved in the same patterns that have gotten you where you are today. More importantly, what you learn will allow you to be the pro-social role model to those who love and depend on you. At STAR you will learn, "I am the sum total of what I choose."

This Resident Handbook is provided to give you the basic information you need while you are a part of the resident community at STAR Community Justice Center. One of your first responsibilities will be to read and become very familiar with all of the contents in the handbook. If you do not understand the information, you are to let your Peer Mentor know and they will explain. You will be responsible for knowing and complying with this information. Ignorance regarding the Resident Handbook is not an excuse. Take the time you need to learn what is written here. Do not assume anything; study the entire book, it is the first key to your understanding and your success.

With Structure, Therapy, Advocacy and Restoration you will find that you too can be a point of light for others, even in a world of darkness.

Structure will allow you the time to learn, practice and internalize pro-social skills in a safe, secure environment while you learn how to structure your own life.

Therapy will give you the skills to listen, think, interpret, and then interact pro-socially to even the most challenging events in your life.

Advocacy will give you the ability to give back to others that which you have learned.

Restoration of your life, your family, and your community will be the result of your pro-social, STAR lifestyle.

We look forward to working with you and helping you meet your potential as a responsible community member. Our staff is dedicated to helping you succeed, and we will provide the environment in which you can change, but success is ultimately up to you. If you will try, we will help. With STAR, "You will succeed."

STAR Philosophy

With Structure, Therapy, Advocacy and Restoration, I can be a point of light in a world of darkness. Through Grace comes opportunity.

STRUCTURE defines the responsible boundaries for my family, my community, and for me.

THERAPY is the science of right thinking. I am responsible for maintaining my own pro-social attitudes.

ADVOCACY is to live the Golden Rule. I will be an advocate for my family and for my community.

RESTORATION is achieved through respect and compassion for others, my willingness to share what I value, and my commitment to repay what is due.

I **will** live each day with **Structure, Therapy, Advocacy and Restoration**. With **STAR**, I **will** succeed!

Personal and Community Principles

I hold these expectations as central in all that I do:

Accountability

- ★ I am accountable for my attitudes and behaviors.

Commitment

- ★ I commit myself to giving my personal best and expecting the same.

Compassion

- ★ I am cognizant and considerate of the needs of others on a daily basis.

Honesty

- ★ There is no right way to do a wrong thing.

Initiative

- ★ I seek opportunity to help others, and I maintain a sense of urgency with my duties.

Responsibility

- ★ I accept responsibility for what I have done and for what I have failed to do.

Respect

- ★ If I respect myself, I will learn to respect others. Respecting others allows us to retain their respect.

Stewardship

- ★ I respect the human and economic resources with which I am entrusted.

I Am

- ★ I am the sum total of what I choose. My choices affect those I love and those who love me.

Admission

This program is designed to offer you the opportunity to grow and develop in a structured-living environment. The use of community resources and a team approach provide an alternative to incarceration in state institutions. Upon acceptance into the program, you are considered a “Resident.” During the orientation process, staff will explain how STAR operates, including our expectations and your responsibilities. An account will be opened in your name. You will receive personal-hygiene items and underclothing for which you will be charged. You will be assigned a bunk, bed linens, and issued a lock. These items are your responsibility.

You will also be assigned a Peer Mentor. The Peer Mentor program is designed to help ease your transition into the resident population. Your Peer Mentor has successfully entered the program, and is willing to show you the tools of the community. They will be able to answer most of the questions you may have. The Peer Mentor is here to help you and give you guidance.

You are responsible for following the schedule as it is. You will need to take all items from your locker that you need for the day. Meals will be provided three times a day. Your cognitively-based class schedule will be given to you after admission. Attendance and punctuality is your responsibility.

Residents are able to exchange brief pro-social greetings to all staff they come into contact with. Residents must go through the appropriate channels for any questions or non-emergency problems/issues they need addressed. In the case of an emergency, residents may approach the **BMS/staff** on the floor at the time. Otherwise, staff members will initiate all other conversations. When residents are speaking with staff and other residents, they will address them by Mr. or Ms. along with their last name.

Your attitude during your stay at STAR is important and will affect your progress through the phases of the program. It is your responsibility to keep your attitude respectful and positive at all times. It is your responsibility to adapt to and work within program guidelines. The rules of the program are here to create an environment of safety and security in which you may change. You will also learn that you are responsible for maintaining your own pro-social attitudes and behaviors.

Intake Procedures

You are only permitted to have certain clothing/non-hygiene items brought or mailed to you upon intake. See permitted personal items listed below. Residents are allowed **2** drop offs of clothing items after their intake date. **Clothing that is brought in through the front lobby is counted as a drop off, not clothing that comes in through intake. Excess clothing items will be kept until your discharge.** Packages received by mail must be sealed, clearly display your name on the outside, and have an itemized listing of contents. Bed linens, towels and wash clothes are issued to you. **Towels/wash cloths, linens i.e. comforter, pillow case, sheets, etc. are STAR property and cannot be labeled, but, all of your personal property needs to be labeled for identifiable purposes.**

Residents will be assigned a personal bin to keep all unacceptable mail and documentation during your stay at STAR. Contraband items that are not illegal (ex. weapons, drugs/alcohol), will be stored in your bin, returned to the person of your choosing, **or returned to you upon discharge.** Your belongings will be accounted for and you will be given a copy of the inventory for declared/recognized valuables. **STAR does not accept responsibility for any unauthorized items. It is the responsibility of the resident to request items stored in the STAR safe prior to discharge. Items not returned will be disposed of after 14 days.**

Contraband Guidelines

The following are general guidelines of how items may be determined to be contraband:

- **Metal/Glass Items** such as but not limited to: keys, fingernail files, letter openers, combs /picks, razors, scissors, needles/pins, nails/screws, paperclips, bottles, mirrors, etc...
- **Caustic/Flammable Materials** such as but not limited to: batteries, lighters, matches, spray can or aerosols, cologne, markers including permanent, etc...
- **Illegal Paper Material** such as but not limited to: pornographic material, gang-related literature, etc.
- **Jewelry** such as but not limited to: hair pins, necklaces, watch, earrings, etc... (wedding bands excluded)
- **Alcohol, Drugs, and Drug Paraphernalia** such as but not limited to: tobacco, unauthorized medication, alcohol, drugs, over the counter medications, pipes, etc...
- **Weapons** such as but not limited to: guns, knives, etc. **Any item deemed to be a weapon will have 7 days to be picked up before being disposed of.**

***The discretion of whether an item that falls outside these guidelines is contraband lies with staff.**

Permitted Personal Items

- | | |
|---|---|
| (10) Pairs of Plain, Regular Underwear (no thongs, no bikinis, no lace, no glitter, etc.) | |
| (6) Pairs of Socks Total | (1) Winter Coat |
| (6) Pairs of Pants (overall- dress, jeans, sweat, etc.) | (1) Hat/Knit Cap (no skull caps) |
| (2) Pairs of Shorts (knee length, no boxers) | (1) Robe (mid-calf length) |
| (2) Pairs of Thermal Underwear | (1) Belt |
| (3) Pairs Shoes (tennis, boots/dress, shower)* | (1) Pair of Gloves (work) |
| *(any combo, no high heels, no steel toes) | (1) Toboggan |
| (1) Wallet (with ID, SS card, BC) | (2) Sweater/Sweat Shirts |
| (8) Shirts (overall- short/long sleeve, etc.) | (1) Windbreaker/Jacket |
| | (1) Hooded Sweater/Hoodie (CWS Only) |

Additional Female Items Only: (3) Plain, Regular Bras (no under wire, lace, glitter, etc.)

Permitted Hygiene/Other Items

All hygiene items must be ordered through the STAR commissary system. All items must be unopened, non-aerosol, non-alcoholic, and cannot be in glass containers. All items that do not meet these criteria upon inventory will be disposed of.

- | | |
|---|--|
| * <u>Must have (4) razors at all times</u> | (2) Toothpastes |
| (2) Shampoos | (1) Fingernail/Toenail Clippers |
| (1) Foot Powder | (1) Tweezers |
| (1) Mouthwash | (1) Face Wash/Med. Soap |
| (2) Solid Deodorants | (1) Floss |
| (1) Shaving Cream | (1) Chap stick |
| (2) Bars of Soap | (1) Emory Board |
| (1) Denture Cream/Adhesive | (6) Hair Scrunchies |
| (1) Skin Cream | (1) Brush (non-metallic) |
| (2) Hand/Body Lotions | (1) Comb (non-metallic) |
| (1) Toothbrush | (1) Bible, Koran, etc... |
| (2) Conditioners | (1) Sketch Pad |
| (4) Razors (disposable) | (1) Pack of Colored Pencils |
| (1) Hair Gel | (2) Writing Tablets |

Commissary

Procedures for Commissary Purchases:

- Commissary can be ordered weekly through the Keefe Commissary Kiosk. All orders must be placed by Tuesday FOTF.
 - ✓ There is a \$100 limit on all commissary orders.
 - ✓ Food boxes can be ordered once per month up to \$75 through AccessSecurePak. These can only be ordered externally by family/friends.
- Any resident with adequate funds may make commissary purchases in addition to basic hygiene, pen, paper and stamped envelopes.
- Residents can use the vending machines by using their Keefe account information. The purchase total will be automatically deducted from their account.

Responsibility for Residents' Phone Cards and Commissary Items:

- Each resident is responsible for their own (STARs/Indigent) phone cards as well as all commissary items.
- STAR will not reimburse residents for items lost or stolen. This also includes vending machines that malfunction.
- STAR will not reimburse for money lost in vending machines. If a machine is not working properly, the person discovering the problem will go through the chain of command, notify staff, and then post an "Out of Order" sign on the equipment.

Financial

- Upon arrival all residents will be charged for an Intake and Education Packet. The cost of each packet is posted in the Intake Department.
- Seventy-five percent (75%) of all funds received for individual residents will be applied to any outstanding debts, which may include but are not limited to:
 - ✓ Intake Hygiene, Educational Supplies/Packets, Workbooks, etc.
 - ✓ Any balance owed to STARCJC.
- Residents are required to pay 100% of their own medical expenses.
- Residents are responsible for any GED testing fees assessed by the Ohio Department of Education.
- Residents are responsible for STAR property issued to them. Residents will be charged for any property that is lost or damaged.
- Upon being discharged from STAR, any money owed continues to be your responsibility. A statement will be provided upon your release.
- Funds can be added to your account as follows:
 - ✓ Family/friends may physically drop off cash or money orders in the front lobby at any time.
 - ✓ Family/friends may send money orders through the mail.
 - ✓ Family/friends may contact Access Secure Deposits via phone (1-866-345-1884) or internet (www.AccessCorrections.com). There is a processing fee charged for these services.
 - * Money Orders are to be made to STAR Community Justice Center and the resident's name needs to be noted in the "memo" section.
- Emergency clothing and hygiene items can be requested through the Keefe kiosk under

- “hygiene and clothing” and will be charged to your account.
- Haircuts are \$10 for male and \$12 for female residents. A resident can qualify for a haircut if they have \$10/12\$ on their account. If a resident does not have \$10/12\$ on their account, they can also qualify by having \$5/6\$ and 25 STARS. If a resident does not have \$5/6\$, they can cash-in 50 STARS. A resident may only cash-in STARS 1 time every 6 weeks regardless if the amount is 25 or 50. A resident must use funds if on their account, cashing in STARS is reserved for those who do not have the necessary funds. Lastly, if a resident has neither funds nor STARS they will not be eligible for a haircut, therefore, during this time once the length of a resident’s hair exceeds the collar it must be pulled up. There are no indigent haircuts.

Forbidden Transactions

Financial or material transactions between any resident and a volunteer, staff, or another resident is forbidden. This includes purchasing anything for another resident.

Indigent

Residents will be considered indigent if they have \$3 or less on their account. During this time, they are eligible to receive the following items via the Keefe Commissary System:

- 2 stamped envelopes per week.
- Pen and paper.
- Shampoo, soap, deodorant, shaving cream, toothbrush/toothpaste, and disposable razors.
- Permitted one phone card per week. (If you have the ability to purchase phone calls, have STARS, or can call collect, you will not be permitted an indigent phone card). A 2 week audit is performed once a resident has signed up for an indigent card. If, during that 2 week period, a resident has cashed-in STARS or spent money on anything other than a phone call, necessary hygiene items, or letter writing/classroom supplies they will not be eligible for an indigent card.
- Donated clothing items are also available to those residents who lack adequate clothing. This determination will be made by staff. If this determination is made, the resident is to fill out a request form indicating the particular items needed and turn the form in to staff.

Medical

Health and Screening:

All residents will receive a Health Screening upon admission. All residents will have a medical history and health evaluation within 14 days of admission.

Financial Responsibility:

Residents are financially responsible for all medical, dental, optical, mental health and diagnostic services received. Residents are responsible for all prescription and over-the-counter medication taken while in residence. This includes EMS fees and Emergency Room visits. Residents will not be denied necessary services because of their inability to pay.

The medical department will hold regular sick call hours. If you need medical attention, you must use the Keefe System to fill out a sick statement to the nurse. A fee may be assessed for this service.

Medication:

Residents are responsible for taking only their own medication as ordered by the physician and for following all the recommendations of medical staff. Medical and program staff will address non-

compliance or abuse of medication. All prescriptions and over-the-counter medication will be maintained by the Medical Department.

Residents who have a medical variance for physical limitations cannot go out on CWS, they are not to do any physical types of activities during recreation (i.e. playing basketball, passing football, etc.). They are not to work in the kitchen or on any maintenance crew.

Residents will not be used for medical, pharmaceutical, or cosmetic experiments. This does not preclude individual treatment of a resident based on their need for a specific medical procedure that is generally not available.

The licensed physician of your choosing may treat you here if he/she agrees to do so. All medication prescribed by the facility physician during sick call will be ordered and charged to the resident's account.

Religious Practices

Residents have the opportunity to practice their religion. Religious preferences shall be stated at the time of intake assessment. Religious practices, including diets that require extraordinary considerations, will be considered only after verification that the requesting resident demonstrated proof of active consistent participation in that religion during the 12 months prior to STAR. Requests for religious diets will be submitted to the medical department for approval. Reasonable efforts will be made to accommodate dietary needs. Residents will be issued a diet card from the medical department once approved.

Searches & Urinalysis

Searches:

Residents are subject to pat-down searches, strip searches, and shakedown searches at any time. Cavity searches may be conducted by medical staff with probable cause.

Urinalysis:

All residents are required to give a urine specimen at staff's discretion.

Resident Rights

Fundamental Rights, which are not suspended for any reason, are:

- Visits by attorney-of-record and clergy
- Phone calls to attorney and clergy
- Adequate food (nutritional diet)
- Adequate light, ventilation, temperature control, and sanitation
- Medical care

Qualified Rights, which may be suspended by staff, are:

- Visitation
- Recreation/exercise

Resident Privileges

Privileges, earned through appropriate behavior, may include:

- Entertainment (e.g. movies, radio, television, games)
- Commissary (except personal hygiene items)
- Phone calls to family and friends (if on LOP for 6 consecutive days or more a resident will be permitted 1 phone call, if on LOP for 5 consecutive days)

or less a resident will not be permitted a phone call)

- Desserts, snacks
- Field trips
- Family Outreach Time
- Vending machines

Privileges may be revoked for any resident who consistently violates rules and/or displays antisocial attitudes and behaviors.

House Privilege Levels

There may be times when restrictions are put in place to ensure the safety and security of the facility. Listed below are examples of the levels that staff may impose:

LEVEL	HOUSE PRIVILEGES
Yellow	NO: Commissary (excluding hygiene), Cashing STARs, AV, Extra Rec., Up after FOTF
Orange	NO: Commissary (excluding hygiene), Cashing STARs, AV, Extra Rec., Up after FOTF, Visitation, Phone
Red	NO: Commissary (excluding hygiene), Cashing STARs, AV, Extra Rec., Up after FOTF, Visitation, Phone, Passes, CWS, Graduation
Custom	NO: Any privilege restriction including but not limited to the restrictions located in levels Yellow, Orange, and Red.

Mail

1. **Outgoing Mail** - Outgoing mail will be submitted sealed with proper postage, completely addressed, including the resident's return name and address. **All outgoing mail can be dropped off in the mail box next to the cafeteria.**
2. **Stamps** - Stamps may be purchased through commissary. If you are indigent, you may receive two stamped envelopes per week which will be charged to your account.
3. **Incoming Mail** - Staff distributes all approved mail. Unacceptable mail is placed on hold (sent to the resident's bin) and returned to the resident upon discharge.

Staff opens all incoming mail and inspects the contents for contraband. Any contraband found will be confiscated and investigated. Staff **scans** mail in order to determine if it constitutes a security issue. If this is the case, your mail will be held until a determination is made. Mail that has been determined to be a breach of security will be confiscated.

Materials of a sexual nature are not permitted in the facility. Mail received after you have left STAR is returned to the sender. Mail will not be withheld as punishment or unduly delayed. Official mail from the courts or your attorney will be opened by the resident with staff present. Photos may not be instant or Polaroid type. Mail with glitter, coloring, and/or markers will not be accepted.

Telephone

After the initial admission process, you are allowed one 3 minute telephone call to notify your family that you are in STAR. In each phase you are permitted to make a specified number of phone calls at your own expense, once your contact list has been approved.

With each phase progression available calls will be increased. Telephone calls are made on the resident phones located in the facility with pre-paid accounts, (STARs/Indigent) calling cards, or collect at your family/friends expense. You may cash-in STARs for a calling card (see STARs list for permitted amount) or request an Indigent calling card (see Indigent section for eligibility criteria) if you lack adequate STARs/funds. A computerized listing is made by the telephone company to include date, time, duration and number called.

- **Third party calls are not allowed.**
- **Telephone calls are a privilege and can be revoked at staff discretion.**
- **All telephone calls may be monitored and will be recorded for security reasons.**
- **Monday-Sunday is the time frame you have to make your allotted amount of calls.**

Emergency Messages:

Your family may call the facility to convey emergency messages. Staff will convey emergency messages only.

Visitation

During the first 30 days of your residency, you are not permitted visits from friends or relatives. In order to receive visitors during the advanced phases, you must complete a Mail/Phone/Visit List. Your Probation/Parole Officer must approve the names on your MPV List. A total of three visitors are allowed per visitation. A minor child must be accompanied by THEIR parent or legal guardian. Unrelated visitors under the age of 18 are not allowed to visit without the minor's legal guardian completing and notarizing form 0100, having a valid birth certificate, and power of attorney for the person bringing the visitor. **Submission of your visitation request must be turned in to staff by Wednesday FOTF.**

Visitation Orientation:

The Visitation Orientation is mandatory for everyone wishing to visit a STAR resident. Visitors must fill out the Visitation Orientation Form on their first visit. Staff can refuse entry to the facility to anyone at any time at their discretion.

- Visitors, 18 years or older, must bring an official and current driver's license or current state ID. Visitors 17 years or younger must have a birth certificate and be accompanied by their parent or legal guardian. If they are not the parent on the birth certificate, they need the birth certificate and guardianship or power of attorney paperwork.
- Visitors wearing inappropriate clothing, such as, but not limited to, revealing, low cut, offensive language, extremely baggy, etc., may be denied a visit. This is at Operations staff discretion.
- Persons possessing drugs or alcohol and/or having weapons will be denied a visit and will result in criminal charges being filed against them. Visitors who are under the influence of drugs or alcohol, unruly or disruptive, **or present any other type of safety/security issue may be permanently removed from the approved visitor's list.**
- Visitors must have NOTHING in their pockets except car keys.
- No food, beverages, or money are allowed.
- All visitors are subject to searches by STARCJC staff and will be prosecuted if contraband is found.
- **Any display of affection beyond those permitted in other social settings is prohibited. Residents are allowed to hug their visitor(s) at the beginning of the visit**

and hold hands above the table during the visit. Hugging is the only type of contact permitted between adults. Residents are permitted to kiss their children at the beginning of the visit ONLY. Hands must remain above the table at all times. At the conclusion of the visit, physical contact will be allowed with children ONLY. If at any time during the visit inappropriate behavior is observed the visit may be terminated at the discretion of the Supervisor/designee on duty.

Other Visitors:

Court officials, attorneys, clergy, and probation officers may request an appointment during reasonable hours with you through your Case Manager to ensure you are available. A preference will be to schedule visits around classes and other therapeutic activities. These visits do not count as your weekly visit.

Special Visits:

The Executive Director or designee may approve special visits. These visits will only be granted in special circumstances and must be pre-approved. The request must be submitted in writing listing specific persons you wish to visit and the reason for the special visit.

Visitation Dates and Times:

Times will be posted to prevent conflicts with programming schedules.

Tobacco Policy

Tobacco products are contraband and will not be accepted. Persons delivering or attempting to deliver contraband will be prosecuted.

There is no smoking or tobacco use inside the STAR facility, on STAR grounds, or while away on outings, community service, passes, etc.

STAR Services

Programming:

The STAR staff will assist you in addressing your criminogenic needs. STAR utilizes the Thinking for a Change program to assist in providing cognitive restructuring, social skill development, and problem-solving skills. Other cognitive restructuring classes and groups in which a resident may be enrolled include Anger Management, Substance Abuse, Job Readiness, and Thinking for a Change Skills and/or Boosters. Each resident is assigned to a caseload. The Case Manager will develop an individual program plan to meet the resident's specific needs.

Reentry:

Upon arrival at STAR, every resident is assigned a Community Justice Specialist who helps each resident address their reentry needs. Residents will be met with individually, as well as in a group setting. These barriers can range from housing, employment and education issues, additional substance abuse treatment, mental health treatment, relapse prevention, etc.

After Care:

After graduating from STAR, Community Justice Specialists will be out in the counties and available to help residents continue to address their reentry needs. The Community Justice Specialists will be available to meet individually with residents and will be holding additional groups to continue to help residents reintegrate back into their communities.

GED:

Residents who do not have a high school diploma or a GED will be enrolled in the GED classes for the duration of their stay in the hopes they can acquire their GED while at STAR.

Family Outreach:

STAR is committed to strengthening families facing parental incarceration. The Family Outreach Program provides the residents with an opportunity to improve family functioning and child well-being prior to reintegrating back into society. Participation is voluntary.

Vocational:

STAR offers vocational programming as well as vocational certificates. Residents who are interested in these areas should speak with their Case Manager about the possibility of being enrolled in one of these programs. Residents are eligible to apply upon arrival.

Community Work Service:

Community Work Service is a way that residents have the ability to give back to the surrounding communities. Residents who are physically able to take part in this service may be required to do so. Residents must be in at least Therapy Phase and finished with a specified number of classes prior to signing up for CWS (see Therapy & Advocacy Phase Additional Guidelines).

Food:

Residents will be offered a minimum of three meals each day. Special diets are served upon verification of medical or religious need.

Case Records:

Residents may have copies of their individual program plans, reentry needs plans, continuing care plan, and discharge summary.

Fire Safety:

All residents are to be partners in fire prevention. Any fire hazard is to be reported to staff immediately.

Why We Do What We Do

Phases:

The phases of the program are designed to show the progression that each resident is making in their life. As residents progress in their thinking and behavior, they will progress in the phases of the program.

Philosophy:

The philosophy embodies the essentials or belief system of our center. The philosophy is collectively recited in community forums to enhance the sense of community among the residents. Complete memorization of the Resident Philosophy is a requirement of orientation and may be tested in all phases as it is considered a concrete sign of internalization of the program.

Rules:

We maintain a detailed code of rules and regulations that define the behavioral boundaries of the physical and psychological safety of the community. Rules are to be strictly adhered to and violation of rules leads to sanctions overseen by staff. Residents need to understand that the rules are there for their safety and security as well as the safety and security of the community they are a part of.

Schedules:

A schedule is a method of organizing community time. Schedules are a written structure that residents are expected to follow.

Standards/Structure:

We maintain clearly defined norms and expectations. The structure defines behavioral boundaries for the physical and psychological safety of the community. Structure is also implemented as a method of organizational management to accomplish tasks in a timely manner.

Work:

Work is the responsibility of all members of a community. The intent of our program is to reinforce work ethic and its importance in society.

Program Expectations

STAR is committed to providing individualized programming for all residents. You are here to address your issues and to change your attitudes and behaviors. You are required to work on all program goals, attend classes, complete all homework as assigned, and be responsible for your **attitude and behavior**.

Staff is trained to assist in providing a safe, secure environment that supports the concepts you will learn in groups and classes. Your attitudes and behaviors can contribute to making a pro-social or antisocial living experience at STAR. It is your choice. Keeping your attitudes pro-social will help you and those around you. Remember, what you think affects what you say what you say affects what you do and what you do affects your future, especially those you care about most. Hopefully you will choose to maintain your own pro-social attitudes.

Phase Levels

Structure Phase - STRUCTURE defines the responsible boundaries for my family, my community, and for me.

The STRUCTURE Phase involves initial detachment from old ways of living and thinking: a major shift from your previous lifestyle. You will learn that structure in your life is necessary if you are to function in the STAR program. Learning how to set and meet goals, knowing where you are to be next, showing up on time and measuring your own progress is a rewarding and necessary process. Structure will provide you with appropriate boundaries.

You will be in charge of developing your goals with your case manager’s help. Your future is in your hands, but the foundation for pro-social living and your successful recovery is built in the Structure Phase. You will be provided new-resident orientation including your responsibilities and expectations during treatment at STAR. You will be tested and assessed. You will be assigned a Peer Mentor to help you through this phase.

Structure Phase is identified as the color yellow.

Structure Phase Standard Guidelines:

Structure	Phone Calls	Visits	Commissary	FOTF
Per week	3	0	All items	2200

* **Phone calls/cards and commissary are given provided you have the privileges/means to receive them.**

Structure Phase Additional Guidelines:

- Will spend a minimum of their first 30 days in Structure Phase
- Can earn and also cash in STARS from their first day in the program
- May apply for vocational programs
- Must participate in all cleaning activities
- Will help setup for all meetings and activities
- Will be last in line for all meals and activities
- During educational hours/structured programming they must sit in their designated section unless instructed to do otherwise by staff
- No access to Family Outreach while in Structure Phase
- No access to exercise equipment or exercise programs until Therapy Phase is earned
- May only have access to the computers after educational hours

Phase Movement:

There are several tasks, including written assignments that must be completed before you will be permitted to phase up to Therapy Phase. These include:

- ✓ Pay attention during class and participate
- ✓ Complete and pass Intake and Orientation class
- ✓ Complete Intake and Orientation workbook
- ✓ Complete Client Cognitive Skills workbook
- ✓ Pass the phase-up test
- ✓ Write in journal daily
- ✓ Demonstrate consistent adherence to expectations/additional guidelines

Therapy Phase - THERAPY is the science of right thinking. I am responsible for maintaining my own pro-social attitudes

During the THERAPY Phase you will learn how your thoughts, feelings, and attitudes affect your behaviors and how your behaviors dictate your life. Learning to process your thoughts, evaluate your feelings, weigh the facts, and understand their relationship in your life is a challenge, but absolutely necessary if you are to become a pro-social citizen. If you are willing to master the science of right thinking, the potential for life without crime and without the use of drugs can be realized. Educational support is provided and life skills are taught. Your eyes become open to your greater potential and far brighter horizons.

Therapy Phase is identified as the color blue.

Therapy Phase Standard Guidelines:

Therapy	Phone Calls	Visits	Commissary	FOTF
Per week	7	1	All items	2200

* Phone calls/cards and commissary are given provided you have the privileges/means to receive them.

Therapy Phase Additional Guidelines:

- All previous phase's additional privileges are still given
- Will continue earning STARS and can cash them in for any item on the STAR list of rewards

- May become a Peer Mentor
- May participate in Family Outreach when deemed appropriate by staff
- May participate in Community Work Service if all of their Thinking for A Change classes are finished
- Able to volunteer for grounds crews if all classes are finished
- Fall out behind Advocacy Phase in all lines/activities
- May have access to the computers at any time provided they have the privileges to do so

Phase Movement:

The following items are required to be completed before being able to phase up to Advocacy phase:

- ✓ Show that you can become a role model for others in the program
- ✓ Practice pro-social attitudes and behaviors with others
- ✓ Internalize and use the skills and topics discussed in classes and groups
- ✓ Show initiative in your own change process and in the program
- ✓ Show responsibility for yourself and your actions
- ✓ Show respect, empathy, and sympathy for others
- ✓ Demonstrate a good work ethic
- ✓ Exhibit a sincerity to change
- ✓ Write in journal daily
- ✓ **Demonstrate consistent adherence to expectations/additional guidelines**

Advocacy Phase - ADVOCACY is to live the Golden Rule. I will be an advocate for my family and for my community.

The ADVOCACY Phase focuses on what we can do for others and how those contributions positively impact our own character and the lives of those we care about. You will become increasingly aware of the community’s needs, your community’s resources, and your role in your own recovery and the success of your peers. You will begin to consider the changes that have occurred within and around you, as well as the changes that need to occur in your future.

Advocacy Phase is identified as the color green.

Advocacy Phase Standard Guidelines:

Advocacy	Phone Calls	Visits	Commissary	FOTF
Per week	14	1	All items	2200

* **Phone calls/cards and commissary are given provided you have the privileges/means to receive them.**

Advocacy Phase Additional Guidelines:

- All previous phase’s additional privileges are still given
- Advocacy Phase will continue to earn STARS and can cash them in for any item
- May participate in Community Work Service if all of their classes are finished
- Able to volunteer for grounds crews if all classes are finished
- May become a Class Mentor
- Fall out behind Restoration Phase in all lines/activities

- May stay up until 2300 on Sat. & Sun. if they have the privileges to do so
- May have 2 cups of STAR provided coffee in the morning before breakfast

Phase Movement:

The following items are required to be completed before being able to phase up to Restoration Phase:

- ✓ Still exemplify all the qualities of an advocate in the resident community
- ✓ Completed all of your classes and still use the skills you learned
- ✓ Show respect and compassion in interactions with others
- ✓ Help others when a need is present
- ✓ An ability to problem-solve effectively
- ✓ Write in journal daily
- ✓ Demonstrate consistent adherence to expectations/additional guidelines

Restoration Phase - RESTORATION is achieved through respect and compassion for others, my willingness to share what I value, and my commitment to repay what is due.

The RESTORATION Phase prepares you to begin your life as a pro-social member of your community. The long-term goal is to prepare you for gainful employment; which will allow you the resources to repay what is due. You will progress toward higher levels of independence and self-sufficiency. Increased awareness of your responsibilities in the community should be realized. You will begin preparing for movement from living in the STAR community, to returning to life at home or in a new community as a responsible, drug-free, and pro-social citizen.

Restoration Phase is identified by the color black.

Restoration Phase Standard Guidelines:

Restoration	Phone Calls	Visits	Commissary	FOTF
Per week	14	1	All items	2200

* Phone calls/cards and commissary are given provided you have the privileges/means to receive them.

Restoration Phase Additional Guidelines:

- All previous phase's additional privileges are still given
- Will continue to earn STARS and can cash them in for any item
- May continue to participate in Community Work Service and volunteer for grounds crew
- May continue to participate in vocational programs
- Will be first for all meals and activities
- Will be first in shower lines
- May stay up until 2300 on Sat. & Sun. if they have the privileges to do so

Levels of Intervention

Concern Slip:

A Concern Slip is administered by staff to a resident because of an infraction of the rules and/or the displaying of an anti-social behavior. The resident is first verbally addressed and then the Concern Slip is written.

Intercession:

An Intercession is an Individual Session with the resident conducted by staff, focusing on the resident's continuous infractions and/or anti-social behaviors.

Intervention:

An Intervention is an Individual Session with the resident, resident's case manager, and a member of management to discuss the resident's continuous infractions and/or anti-social behaviors. **The resident** will receive commitments to help them change the behavior(s) being addressed.

Probation Officer Intervention:

The Probation Officer Intervention is where the resident's P.O. is asked to speak with the resident. This meeting can take place either by phone or face to face and the P.O. is asked to discuss the consequences of the resident's continued anti-social behavior(s).

Program Intervention:

The Program Intervention is a meeting that involves the resident's case manager and various members of management. The purpose is to decide if the resident is unwilling or unable to complete the program and to see if additional programming will help benefit the resident in changing their behaviors. Furthermore, it is discussed if the resident's continued involvement in the program will be beneficial for the resident, other residents, and the STAR program.

Treatment Tools

STARS:

The STARS system is to reward a resident for positive behaviors. STARS will be awarded at staff's discretion based on the pro-social behavior displayed by the resident. When a resident earns a STAR, staff will let the resident know why **they** received a STAR. Depending on the number of STARS a resident has, **they** can turn them in to the staff for a reward. A STAR can't be taken away for any negative behaviors, but submitting them for a reward can be suspended if the resident loses privileges. Once the resident's privileges have been reinstated, **they** will be permitted to submit the STARS for a reward. When the resident chooses to submit or "cash in" their STARS for a reward, the specified amount will be subtracted from their total. It is the **resident's** responsibility to track how many STARS they have. A drawing will be held weekly and monthly from the residents earning STARS. One resident will have the opportunity to earn an extra reward.

Bench:

The bench is a place of safety for residents feeling unsafe or overwhelmed by their feelings. This is a time to think before acting out inappropriately. Residents may request to take the bench or staff may have them take a seat on the bench.

Concern Slip:

STAR is a social learning environment dedicated to teaching “right living.” The goal of a concern slip is to allow each individual to identify anti-social behavior and to learn and practice appropriate behaviors in the community.

Corrective Action:

The corrective action is the consequence of a resident receiving a concern slip. A sanction will be given in response to the behavior addressed.

Cost/Benefit Analysis:

The Cost/Benefit Analysis is a tool used to look at the cost and benefit of continuing a specific behavior, attitude, action, situation, etc.

Expiation Table:

The Expiation Table is a tool used to separate an individual from the **community** to reflect on their behaviors.

Peer Mentor:

A resident is assigned a peer mentor to help them integrate into the resident population. The peer mentor will help teach the new resident the rules and structure of residential life.

PM Meeting:

The PM Meeting is a meeting to disseminate information to the residents regarding the activities for the day, as well as any announcements that need to be made. It is a time for the residents to come together as a community and celebrate the positives and learn from the negatives. Residents sit in posture for the duration of the meeting.

Positive Affirmation Session:

A Positive Affirmation Session is an opportunity for staff and residents to give another resident positive feedback about his personal progress and community interaction.

Relating Sessions:

The intent of the Relating Session is to identify common ground, work through pressing issues and promote communication. Relating Sessions are authorized by request and or recommended by staff. Staff will facilitate the process.

Seminars:

Seminars are learning activities presented as a workshop on subjects researched by **community** members, staff or outside guest speakers. Seminars are on special topics and offered on a periodic basis.

Thinking Reports:

Thinking Reports are tools used to examine a person’s thoughts, feelings, and actions from a particular situation. The hope in using this tool is that it will help the person to see how acting on different thinking could provide a different outcome for any given situation.

Intense Supervision Programming:

Intense Supervision Programming (ISP) is a tool used to separate an individual from the **community** to reflect on their behaviors. This is usually the last step before a person is placed in complete segregation, away from the **community**. Persons placed in ISP are given additional assignments by staff to help them examine their thinking and their actions.

P.R.E.A. Guidelines

It is the policy of the STAR Community Justice Center to provide a safe, humane, and appropriately secure environment, free from the threat of sexual misconduct for all residents by maintaining a program of prevention, detection, response, investigation, and tracking. STARCJC shall maintain a zero tolerance **policy** for sexual misconduct. Sexual misconduct among residents and by staff towards residents is strictly prohibited. All allegations of sexual misconduct and/or sexual harassment shall be administratively and/or criminally investigated.

YOU HAVE THE RIGHT NOT TO BE SEXUALLY ABUSED OR HARASSED.

Incidents or Suspicions of Sexual Abuse, Sexual Harassment and Retaliation can be reported to ANY STAFF MEMBER:

- Verbally to ANY STAFF MEMBER
- In Writing to ANY STAFF MEMBER
- Operations (740) 354-9026 ext. 1160 or 1110
- Outside Agency Hot Line (614) 728-3155
(No cost to call from resident's phone)

Residents shall be given the opportunity to remain anonymous upon request to the outside agency. There will be **NO** retaliation for reporting incidents of sexual abuse or harassment. Family and friends can report allegations of sexual abuse, sexual harassment, and retaliation on your behalf:

- By calling (740) 354-9026 ext. 1160 or 1110
- By emailing mcknight@starcjc.com or jturner@starcjc.com

Within 14 days of your arrival or transfer to STARCJC you will watch an Ohio Department of Rehabilitation and Correction, Prison Rape Elimination Act (PREA) education video. The video will inform you of ODRC's zero tolerance policy against sexual misconduct. The video is in English with a deaf interpreter. It also is closed caption with a Spanish outline at the end of video. If you need additional assistance understanding anything in the PREA resident education video or institution resident handbook, see your unit staff.

Prevention/Detection

All residents shall be screened and assessed upon admission to STARCJC. All residents shall be assessed for risk of sexual victimization or abusiveness within 72 hours of intake. These screenings shall be initiated in the PREA Risk Assessment System by intake personnel during intake assessments and shall be completed by staff within the 72 hour period. No sooner than 15 days, but no later than 30 days from the resident's arrival at STARCJC, the resident shall be reassessed regarding their risk of victimization or abusiveness based upon any additional, relevant information received since intake screening of the resident. Intake staff shall complete the assessments. As a result of these screenings, residents shall be assigned a PREA Classification.

The Programming Director or their designees shall make appropriate housing assignments based upon PREA Classifications. The information shall be used to assist in housing, bed, work, education, and programming assignments. If it is learned that a resident is subject to substantial risk of imminent sexual abuse, staff shall take immediate action to protect the resident at risk of victimization.

Mental Health Services shall attempt to conduct an evaluation on all known resident-on-resident abusers within 60 calendar days of learning of such history and offer treatment when deemed appropriate.

Unless otherwise precluded by Federal, State, or local law, medical and mental health practitioners shall be required to report sexual abuse and to inform residents of the practitioner's duty to report, and the limitations of confidentiality at the initiation of services.

Self-Protection

Be aware of situations that make you feel uncomfortable. Trust your instincts. If it feels wrong, LEAVE!

Don't let your manners get in the way of keeping yourself safe. Don't be afraid to say "NO" or "STOP IT NOW."

Many sexual abusers choose victims who look like they won't fight back or are emotionally weak. WALK AND STAND WITH CONFIDENCE.

Avoid talking about sex and casual nudity. These things may be considered a come on, or make another resident believe that you have an interest in a sexual relationship.

Placing yourself in debt to another resident can lead to the expectation of repaying the debt with sexual favors. Do not accept commissary items or other gifts from other residents.

Avoid secluded areas. Position yourself in plain view of staff members. If you are being pressured for sex, report it to a staff member IMMEDIATELY.

Response

Upon report of an allegation of resident sexual abuse, staff shall:

1. Separate alleged victim and abuser.
2. Take appropriate steps to preserve and protect any evidence.

The institution will make available for the victim, a rape crisis center victim advocate if available, or a qualified institution victim support person.

Treatment

Medical Services Responsibilities:

Follow appropriate protocol, assuring appropriate examination, documentation, transport to the local emergency department, testing for sexually transmitted diseases, counseling, prophylactic treatment, follow-up, and referral for mental health evaluation.

Mental Health Responsibilities:

Residents referred to mental health by medical services following an allegation of sexual abuse shall be seen by an independently licensed mental health professional that shall complete further screenings or assessments consistent with STARJC policy.

The victim will be offered medical and mental health evaluations and treatment as appropriate. Treatment shall be provided to the victim at no charge.

The victim will be given access to victim advocates for emotional support, if needed, by providing them with mailing addresses and telephone numbers, including toll-free hotline numbers of local, state, or national victim advocacy or rape crisis organizations. This information shall be provided to staff for communication to the **residents**. The telephone calls to outside support services are not confidential.

The institution shall protect all residents and staff who report sexual misconduct or cooperate with sexual misconduct investigations from retaliation by other residents or staff.

Emotional support services shall be offered to residents or staff who **fear** retaliation for reporting sexual misconduct or for cooperating with investigations.

Investigations

All reports of sexual misconduct and retaliation shall be investigated and the findings documented in writing **and sent to ODRC**.

STARJC will not require a resident who alleges sexual abuse to submit to a polygraph examination or other truth-telling device as a condition for proceeding with the investigation of such an allegation.

The investigator shall monitor all cases of retaliation.

A final decision on all allegations of sexual abuse shall be issued by the investigator within 90 calendar days of the initial filing.

If 90 calendar days is not sufficient to make an appropriate decision, the investigator may extend the decision up to 70 calendar days. The resident shall be notified in writing of such extension and provide a date by which a decision will be made.

Following an investigation into a resident's allegation that he or she suffered sexual abuse in an institution, the investigator shall inform the resident as to whether the allegation has been determined to be substantiated, unsubstantiated, or unfounded.

Disciplinary Procedures

It is the resident's responsibility to understand the seriousness of their situation and to do something positive about it. It is staff's duty to assist residents in making better choices. Disciplinary action occurs as recommended by the staff which may include but is not limited to the following:

- Restriction or loss of some or all privileges
- Phase drop
- Verbal warning
- Concern Slip
- Corrective Action
- Additional work
- Interventions
- PO Contacts
- Relating Sessions
- Removal from the program
- Weekend Programming
- Major Rule Violation seminars
- Intense Supervision Programming

In addition to the penalties listed above, inappropriate conduct can lead to probation/parole violation and/or additional criminal charges.

Grievance Procedure

All residents are assured that their complaints/concerns do matter and that they will be given an opportunity to be heard in a timely manner. STAR staff will provide assistance to those residents who have writing/comprehension deficiencies. You may also withdraw a previously filed grievance at any time.

Prior to filing a grievance, residents are expected to attempt to resolve their concerns by following their normal chain for making requests.

1. **Grievances shall be filed through the KEEFE kiosk. If for some reason the kiosk is not operable, residents are to file the grievance by completing Resident Grievance Form #053. Once the form is completed, it is to be submitted to the Grievance Box.**
2. Grievances will be considered regarding the following topics only: access to courts, mail, sexual harassment, discrimination, protection from harm, violations of rights, records/property, disciplinary actions, inappropriate use of force, improper staff conduct, access to personal hygiene items, food services, and access to health care.
3. The Grievance box will be checked for content on each business day.

4. Each grievance will be reviewed by a member of management. The Executive Director or designee shall be the final authority in all matters.
5. A grievance against staff shall be assigned to the Executive Director/designee and will be handled immediately.

Rules, Expectations, and Guidelines

Major Rules:

The purpose of Major Rules is to protect you and the rest of the residents from behaviors that threaten safety and security. Being in violation of a Major Rule, depending on the facts/circumstances, can result in an immediate discharge from the program, additional criminal charges, behavioral contracts, and/or other sanctions.

- | | |
|--|--|
| 1. All laws of the state of Ohio apply. | 11. Cheating |
| 2. Violence or threats of violence <u>of any type</u> are strictly prohibited. | 12. Stealing |
| 3. Physical Aggression | 13. Lying |
| 4. Refusal of staff orders | 14. Manipulation |
| 5. Disorderly Behavior | 15. Any Tobacco Usage |
| 6. Antagonization | 16. Gambling |
| 7. Sexually Acting Out | 17. Gang Affiliation/Representation |
| 8. Disrespectful Behavior | 18. Absconding |
| 9. Contraband | 19. Establishing Inappropriate Relationships |
| 10. Lending and Borrowing | 20. Homework Noncompliance |

Program Rules:

All Program Rules violations fall under the umbrella category of Failure to Follow Program Rules and will accumulate as such. The general sections that Program Rule violations fall under are as follows:

- | | |
|--|--|
| 1. Bench Guidelines | 15. Community Work Service Guidelines |
| 2. Cafeteria Guidelines | 16. Structured Line Guidelines |
| 3. Classroom/Group Guidelines | 17. Personal Hygiene Guidelines |
| 4. Computer Guidelines | 18. Dress Code Guidelines |
| 5. Dorm/Room Guidelines | 19. Count Guidelines |
| 6. Expiation Guidelines | 20. Failure to Keep Passageway Unobstructed |
| 7. I.S.P. Guidelines | 21. Failure to Perform Job Duty |
| 8. Family Outreach Guidelines | 22. Failure to be in Specified Area |
| 9. Visitation Guidelines | 23. Failure to be Aware |
| 10. Laundry Room Guidelines | 24. Failure to Walk/Sit in the Correct Posture |
| 11. Restroom Guidelines | 25. Failure to Follow the Proper Procedure when approaching/addressing Staff |
| 12. Recreation Yard Guidelines | 26. Failure to Follow Silence Contract |
| 13. Peer Mentor Guidelines | 27. Community Conduct (disobeying all other established community rules) |
| 14. Anti-social communication (profanity, inappropriate comments/gestures, etc.) | |

Bench Guidelines:

1. If a resident is instructed by staff to take the bench, they must remain there until staff releases them.
2. If a resident takes the bench on their own accord, they may remain as long as needed.
3. Talking with other residents while on the Bench is prohibited.
4. Only staff is permitted to speak to a resident on the bench.
5. Looking around while seated at the Bench is prohibited; resident must be facing forward.

Cafeteria Guidelines:

1. Structured line guidelines are in effect when entering and leaving the cafeteria. The (18in.) personal space requirement will be reduced to (12in.) during this time.
2. Sign the Cafeteria Sign-In Sheet when entering.
3. Access to vending machines is permitted only when entering the cafeteria during breakfast and lunch, any other time is prohibited.
4. All residents using the vending machines must get in the back of the service line when finished, cutting in line is prohibited.
5. Silence Contract is in effect when going through the service line.
6. Take the first plate in the service line.
7. Only take the allowed amount of condiments.
8. Must fill in all seats from right-to-left front-to-back unless instructed to do otherwise by staff.
9. Cutting in between tables is prohibited.
10. No talking across tables or to residents at the other end of your table, talk only to the residents sitting in your immediate table vicinity.
11. Residents are responsible for cleaning up any mess that is made.
12. Must follow proper procedure when sitting down at and getting up from a table.
13. Taking food out of the cafeteria is prohibited, unless, the food is in a sealed package (i.e. chips, waffles, pop tarts, etc.). The item must be unopened. Taking fruit out of the cafeteria is prohibited.

Classroom/Group Guidelines:

Groups and classes are the center of your treatment. However, just attending group meetings or classes and listening is not enough. Residents are expected to actively participate. A group leader/case manager may impose additional expectations/rules as needed.

1. Everything said in group, stays in group. All information is confidential and will be used for treatment purposes only.
2. Leaving group or class is permitted only with staff's permission.
3. All other rules/guidelines are specified in accordance with case management's classroom policies.

Computer Station Guidelines:

1. Computers are for educational use only. Only approved applications may be used (see approved applications sign on wall).
2. Changing any configurations of the computer or peripherals is prohibited.

3. Follow all proper procedures when logging in and off each time.
4. The Computer Sign-In Sheet must be filled out in real-time (i.e. right before a resident gets on the computer, signing up in advance is prohibited).
5. There is a 30 minute time limit for using the computers. When that time limit has expired, the resident must sign out on the Computer Sign-In Sheet. If there are no other residents in line to use the computer, a resident may sign in consecutively.

Dorm/Room Guidelines:

1. Make bed **to standard** every morning after Formal Count is cleared.
2. Loitering is prohibited.
3. Changing rooms/bunks/racks without staff's permission is prohibited.
4. Residents are permitted in their **rooms/dorm** when they are scheduled to be open, unless specified otherwise by staff.
5. Silence Contract after Feet off the Floor.
6. Getting in lockers before Feet on the Floor is prohibited, getting in lockers after Feet off the Floor is prohibited. Both are prohibited unless specified otherwise by staff.
7. Shoes are to be kept **neatly** under resident's assigned bunk.
8. **Bunks/lockers must be labeled with resident's last name along with any other designation in accordance with House policy.**
9. Locker must be locked when not in use, locks are not to be preset.
10. Follow locker/permitted personal items sheet for organization of and items that are allowed in locker.
11. Only unopened food and/or drinks are allowed to be stored in your locker. Bags/packages of food that have been previously opened must be closed.
12. Eating and/or drinking in the **dorm/rooms** is prohibited.
13. **Storing any type of item underneath the mat of your bunk is prohibited.**

Expiation Guidelines:

1. Residents are responsible for completing all assignments given to them by staff.
2. After assignments are complete, resident is only permitted to read or work on educational or therapeutic material.
3. Residents will raise hand if there is a question or need and staff will approach.
4. Residents will continue to be a part of resident community, but will do everything last.
5. Only staff is permitted to speak to a resident in Expiation.
6. Resident will be permitted to attend class. (Must be at assigned table when not in class).
7. Residents will remain in Expiation until staff has released them.
8. Residents in Expiation are not allowed to communicate with other residents.
9. Residents in Expiation are still expected to follow all Community Rules and Guidelines.
10. After Formal Count is cleared in the morning, residents in Expiation are to report to their assigned table. They will begin their morning routine/hygiene after all other residents from their respective section are finished with the restroom.
11. Following dinner, resident must return to assigned table until it is their turn to shower.
12. Residents will take shower last then must immediately go to bed after Formal Count has cleared.

Intense Supervision Programming Guidelines:

1. Residents are responsible for completing all assignments given to them by staff.
2. After assignments are complete, resident is only permitted to read or work on educational or therapeutic material.

3. After Formal Count is cleared in the morning, residents are to report to their assigned table. They will begin their morning routine/hygiene after all other residents from their respective section are finished with the restroom.
4. Residents will continue to be a part of resident community, but will do everything last.
5. Residents will raise hand if there is a question or need and staff will approach.
6. Residents will be permitted to attend classes. (Must be at assigned table when not in class).
7. Following dinner, resident must return to assigned table until it is their turn to shower.
8. Residents will take shower last then must immediately go to bed after Formal Count has cleared.
9. Residents will remain in ISP until staff has released them.
10. Residents in ISP are not allowed to communicate with other residents.
11. Only staff is permitted to speak to a resident on ISP.
12. Residents in ISP are still expected to follow all Community Rules and Guidelines.

Family Outreach Guidelines:

1. Visitors must bring an official and current driver's license, certified birth certificate or official and current state ID. 18 years or older must have a state issued photo ID.
2. All visitors under 18 years of age must be related to the resident being visited or accompanied by an approved visitor who is the child's parent or legal guardian.
3. In cases where the resident's child visits and a custodial parent or legal guardian does not accompany the child, a notarized Authorization for Minor Child Visitation Form (form 100) must be provided or power of attorney and the birth certificate.
4. An incarcerated parent CANNOT serve as the authorizing signature on the Authorization for Minor Child Visitation Form (form 100).
5. All visitors must be approved to visit the resident.
6. The resident is expected to engage in quality time with his/her family.
7. The resident is not permitted to take any items into the visit without prior approval from staff.
8. Any material accompanying the resident back to their house must be approved by staff.

Visitation Guidelines:

1. (see section on Visitation)

Laundry Room Guidelines:

1. Only one laundry crew member allowed in laundry room at a time.
2. Loitering is prohibited.
3. Must follow specified directions for washing clothes. Be mindful of not wasting STAR's property (e.g. Detergent, Fabric Softener, and Bleach, etc.).
4. Eating/drinking is permitted provided that you take responsibility for your items and clean up after yourself.
5. Anything damaged must be reported immediately, do not try to fix anything on your own.
6. Lights stay on when occupied and off when not.

Restroom Guidelines:

1. Loitering is prohibited.
2. Only one resident allowed in the restroom at a time.
3. Door is to remain open when unoccupied and closed when occupied.

4. If occupied, lanyard is to be hung on the door handle.
5. Taking books, magazines, cups, bowls, or utensils into the restroom is prohibited.
6. Residents are responsible for cleaning up any mess that they make.
7. Silence Contract is in effect during Shower Time, the only resident that should be talking is the Shower Monitor.
8. Shower Time is to be done strictly by phase.
9. Anything damaged must be reported immediately, do not try to fix anything on your own.
10. Adjusting your pants/belt outside of the immediate toilet/urinal vicinity is prohibited.

Recreation Guidelines:

1. Running is ONLY allowed while playing basketball or during any other activity deemed appropriate by staff, any other time it is prohibited.
2. Physical contact sports are strictly prohibited.
3. Hanging on the fence or yelling through the fence is prohibited.
4. Spitting is prohibited.
5. Shirts may be un-tucked and shorts worn during recreation, when returning from the recreation yard shirts must be tucked back in before entering the building.
6. May ONLY exercise on equipment designed for that specific purpose, using picnic tables/chairs, or any other type of none exercise equipment for anything other than its' intended purpose is prohibited.
7. Laying down is prohibited.
8. Touching the rim or the backboard is prohibited.
9. Any hats, gloves, or cups that are taken onto the recreation yard must be either turned inside out/dumped out in front of staff before re-entering the building.
10. Taking any type of writing/eating utensil onto the recreation yard, without staff permission, is prohibited.
11. ONLY tennis shoes may be worn on the recreation yard, wearing boots is prohibited. Shower shoes/sandals may be worn as a last resort i.e. a resident has no tennis shoes to wear.

Peer Mentor Guidelines:

1. Peer Mentor assignments will remain throughout your stay at STAR.
2. Peer Mentors will help new residents integrate into the community by explaining to them the expectations, procedures, schedule, handbook, rules of STAR, etc. Peer Mentors will also help with physical needs such as bedding and personal supplies.
3. Stay on a 3 foot contract for the first 3 days, including during meals.

Community Work Service Guidelines:

1. Use of tobacco products, alcohol or other illicit drugs is prohibited.
2. Residents must be in at least Therapy Phase and finished with a specified number of classes prior to signing up for CWS (see Therapy & Advocacy Phase Additional Guidelines). The CWS must not conflict with any other type of programming scheduled for that day.
3. Dress appropriately, following the dress code. Phase pants are prohibited.
4. Taking any items outside of the facility, unless otherwise specified by staff, is strictly prohibited. Bringing any item into the facility, other than what was taken out, is strictly prohibited.
5. Eating or drinking in vehicles is prohibited.

6. Contacting or meeting with friends, family, or others while off-site is strictly prohibited. Use of a phone or arrangements for others to call you while outside the facility is strictly prohibited.
7. Signing up for work service is an obligation (i.e. if a resident signs up he is required to go). The only exceptions are if a resident is injured and physically unable or if a resident is ill.
8. A resident is not permitted to participate in Community Work Service if they have a variance for any physical limitation/injury.
9. Residents with pending legal issues (i.e. warrants, charges, court dates, detainers, etc.) are not eligible for Community Work Service.
10. Residents who have had past or recent behavioral issues or concerns at STAR or at other correctional institutions may be disqualified from going to Community Work Service. This is determined at staff's discretion.

Structured Line Guidelines:

1. Silence Contract at all times unless staff initiates communication.
2. Must stand with head and eyes facing straight forward.
3. Must be at least 1 1/2ft. (18in.), unless in cafeteria or other confined space(s), from the person in front of you.
4. Must stand in posture with hands positioned in the small of the back, unless, staff gives instruction for residents to stand at ease or a resident has a legitimate medical variance.
5. Structured Lines include but aren't limited to: Med. Line, Class Line, Rec. Line, Count Lines, etc.

Personal Hygiene Guidelines:

1. Fingernails and toenails shall not extend beyond the tip of the fingers or toes.
2. Residents are prohibited from manicuring each other's nails or eyebrows, styling another resident's hair, cutting their own hair, or cutting another resident's hair.
3. Residents are required to shower at least once a day.

Hairstyles:

❖ The following hairstyles or facial hair is prohibited: shaven heads, initials, symbols, dyes, multiple parts, and hair disproportionately longer in one area than another (excluding natural baldness). Hair on the collar will only be allowed until it reaches a length that will allow the resident to secure it to their head with a band.

❖ Other hairstyles not listed above may be prohibited if they are determined to be either a threat to security or contrary to other legitimate penological concerns, as determined by management.

Dress Code Guidelines:

1. Residents must be neatly and fully dressed at all times.
2. Pants must be 5 pockets or less. Cargo and carpenter pants are prohibited.
3. Lanyard & badge must be worn at all times inside the facility, any changes/alterations to the badge are prohibited (stickers, drawings, etc...).
4. Shirts must be modest, non-revealing, no sequins, no beads, and no cut-off sleeves. Alcohol/drug related, profane, or anti-social markings on garments are prohibited.
5. No tight-fitting or excessively baggy clothes. Fringes and holes are prohibited.

6. Shorts should be knee length and worn only during morning energizers, recreational programming, or any other time deemed appropriate by staff.
7. Hats, coats, or gloves are to only be worn outside of the facility. Workout gloves are permitted to be worn inside the facility during times of exercise.
8. Shirts must be tucked into pants during all structured programming times, except for shirts with bands (e.g. sweatshirts, etc.). Shirts may be untucked during times of exercise/recreational programming.
9. Boots worn only while on work details (CWS, grounds crews, etc.) unless specified otherwise by staff.
10. Pants must be worn at waist, with shirts tucked-in, and belts worn with all pants that have belt loops.
11. Pants are not to be rolled or cuffed for any reason.
12. No hooded clothing is to be worn inside the building.

Count Guidelines:

1. Feet On/Off The Floor: Residents stand in attendance/posture at their doors while on a Silence Contract. Residents count off as appropriate maintaining structure until count is cleared or dismissed.
2. Formal Counts: Residents line up in structured lines according to phase and days, in posture, in designated areas, while on a Silence Contract. Residents count off as appropriate maintaining structured lines until count is cleared or dismissed.

Program Terminology

Acceptance - To admit that a person, place, or situation is the way it is and cannot be changed. Taking responsibility for your actions and/or accepting the consequences of your actions.

Antagonize – To provoke or try to elicit a negative response from someone.

Antisocial Behaviors – Conduct that violates the rights of others.

Concern Slip – Slip written by staff on a resident to address their negative behaviors.

Congregate – To collect into a crowd or group; to ‘hang out’ in an area.

Corrective Action – A sanction given to a resident who has broken a rule. They are given in order to help the recipient change their antisocial attitude/behavior.

Disorderly Behavior – To fool around or engage in rowdy or humorous activities that could result in an accident or could be viewed as disrespectful.

Disrespectful Behaviors – To not be courteous; to be rude; failure to follow the golden rule. Examples include but are not limited to sexual, ethnic, or racial slurs, cussing others, calling persons names, not using Mr. or Ms., horseplay, etc....

Feedback - Information given in group about how you are doing in general, how you did on an assignment, and/or what others see you doing or expressing.

Feet on the Floor - A verbal order for residents to wake up and begin the day.

Feet off the Floor - A verbal order for residents to go to bed and end the day.

Head Turning - Observing a resident break a rule and not informing staff.

Instant Gratification – To receive immediate satisfaction through impulsive behaviors and/or manipulation.

Intercession – An informal session where a staff member speaks with a resident about the behaviors they have been exhibiting and/or how they can improve.

Intervention – A formal staff led group that is held to help a resident acknowledge and commit to changing their antisocial attitudes and/or behaviors.

Justify – To try to prove why you did what you did, even when the action was wrong.

Loitering – Being in an area for an unspecified purpose.

Manipulation - Exerting influence on a person or situation to gain advantage for oneself.

Minimize – To try to prove your actions were not significant or that your involvement was minimal.

Negative Contracting – Seeking negative support from others.

Personalizing - Taking something that someone says in general about anything as if it were a personal remark.

PO Intervention – A level of Intervention used to help the resident get focused on the program and/or to help them take the program serious.

Pro social - Caring about the welfare and rights of others, feeling concern and empathy for them, and acting in ways that benefit others.

Rationalize – To provide justifications for your actions, even when they were wrong.

Relating Session – A session between two or more residents, with staff mediation, to help them resolve any issues or differences they are having trouble overcoming.

Sense of Entitlement - Feeling that you owed something from life. Thinking you deserve something just because of your background, status, past, etc. Believing that you do not have to earn it like the rest of the group.

Undermining – Covertly engaging or attempting to engage in behavior that is detrimental to the integrity of the program.

War Story – Glorifying, glamorizing, romanticizing, and/or sensationalizing an illegitimate/antisocial lifestyle.

Woodworking - Not getting involved in classes or groups; staying in the background.

FINAL WORDS

You have entered a new facility where you have a unique opportunity to change your life. You may never get this opportunity again. Here you can get your GED or sharpen your reading or math skills, you can get help with employment, and you have the opportunity to improve your health and get physically, mentally and emotionally fit.

If you have behavioral and/or substance abuse problems, you can get help. STAR Community Justice Center offers you one of the best treatment staffs available. They want you to succeed and will do everything possible to help you with your recovery.

It's all here for your use and benefit if only you will take advantage of the opportunity.

**YOUR FUTURE BEGINS TODAY AND ONLY YOU CAN DECIDE WHAT IT
WILL BE.**

You are now part of the STAR community. We want you to succeed. Success or failure is your decision.

“Success is a Journey, Not a Destination”